



THE OHIO STATE UNIVERSITY

Putting Ergonomics Into Practice

The Spring Ergonomics
Short Course

May 12th-15th, 2020
Columbus, Ohio



Conducted by:
SRI•Ergonomics
The Ohio State University

Register online, at
<http://ergonomics.osu.edu>



Increase Your Ergonomics Knowledge

- Important principles, taught through lectures, case studies, in-class demonstrations, and hands-on exercises.
- The biomechanical and physiological bases of musculoskeletal disorders.
- Assessment tools to objectively evaluate work processes.

Improve Work Operations

- Reduce expensive and debilitating occupational injuries.
- Boost safety and efficiency, through enhanced designs of work environments, assembly lines, and tools & equipment.
- Increase productivity and quality, your company's profitability, and employee job satisfaction.

**Earn 2.45
CEU credits**

The Ohio State University Office of Extended Education offers OSU CEUs based upon industry standard calculations for Continuing Education Units.

This course is especially useful for:

- Safety & health professionals
- Healthcare workers
- Engineers
- Risk and loss control specialists
- Managers and supervisors
- Union representatives
- HR and workers' compensation personnel

I would recommend this course to employers who want to increase their performance through the ergonomic process.

Jonathan Pitts, Central Safety Specialist
BMW

Most in-depth and proactive ergo course I've taken.

Joe Wimmer, Loss Control Consultant
Argent

All instructors were great. They communicated their information well and could answer pretty much any question.

Adam Murray, Engineer
TS Tech

See Why Your Colleagues Choose *this* Course

- Concepts are taught in a **systematic** way, to first provide participants with a solid ergonomics foundation and then show how these concepts apply across various types of work.
- Materials are continually **updated** with recently published ergonomics research, newly developed assessment tools, and useful electronic resources.
- **Nationally recognized ergonomists** are your instructors, who have advanced academic degrees and professional ergonomics certification, as well as decades of applied ergonomics consulting experience.





Scheduled Course Topics

- Workplace Biomechanics
- Addressing Body Size Differences Among Employees
- Ergonomics Assessment Tools to Improve Workplace Design
- Solving Low Back, Shoulder, and Hand & Wrist Problems
- Returning Injured Employees to Work
- Determining Return-on-Investment from Ergonomics Interventions
- Effectively Implementing Ergonomics Changes
- Developing a Successful Ergonomics Process



Additional Course Activities

- Tour Ohio State's Spine Research Institute / Biodynamics Laboratory and the Center for Occupational Health in Automotive Manufacturing (COHAM)
- Use state-of-the-art ergonomics equipment and assistive devices



Cost

The registration fee for *Putting Ergonomics into Practice* is \$1,495 per person. This includes a comprehensive Course notebook, electronic copies of ergonomics assessment tools and reference materials, a copy of *The Occupational Ergonomics Handbook*, 2nd edition (a 2,000 page reference manual and \$240 value), and break refreshments.

To register and pay by check, complete the attached form and return it to the address listed. Or, sign up at <http://ergonomics.osu.edu>. Payment must be received before the course begins.

Discounts: A \$50 discount is given to all individual registrations received by April 10th, 2020. Groups who register three or more persons from the same organization at any time also receive the discounted rate of \$1,445 per person.

Cancellation Policy: Registration substitutions may be made at any time; please notify us as soon as possible if this is required. A service fee of 15% is charged if cancellation occurs more than one week prior to the course. Participants who cancel less than one week prior to the course or who do not attend after registering are liable for the entire fee.



Location and Times

The course will be held at the Spine Research Institute on OSU's main campus. It begins at 8:30 AM on Tuesday, May 12th and ends at 12:00 PM on Friday, May 15th.



Hotel Accommodations

Several nearby hotels provide free shuttle service to the course, including:

The Blackwell (OSU's on-campus hotel)
(www.theblackwell.com or 614-247-4000)
Average rating from past attendees: 9.3 / 10

Hampton Inn & Suites / University
(www.hamptoninn.com or 614-268-8700)
Average rating from past attendees: 8.6 / 10

Hilton Garden Inn
(www.columbusuniversityarea.hgi.com or 614-263-7200)
Average rating from past attendees: 8.2 / 10

Holiday Inn Express & Suites
(www.stayholidayosu.com or 614-447-1212)
Average rating from past attendees: 7.7 / 10

Marriott Columbus University Area
(www.marriott.com or 614-447-9777)
Average rating from past attendees: 9.5 / 10

Registration Form

Note: For credit card payments, register online, at <http://ergonomics.osu.edu>



☐ Sign me up for the Spring 2020 Course (May 12th - 15th)

☐ I cannot attend this time; please alert me about future courses

Name: _____

Job Title: _____

Company: _____

Address: _____

City: _____

State: _____ **Zip:** _____

Phone: _____

Email: _____

How did you find out about the course?

Return registration form and payment to:

SRI•Ergonomics, The Ohio State University
1971 Neil Ave., 210 Baker Systems
Columbus, OH 43210

Fax: 614-292-7852
Email: ergonomics@osu.edu

Make checks payable to:

SRI•Ergonomics, The Ohio State University

Questions about the Course?

Contact: Dr. Gary Allread, Course Organizer
(614-292-4565 or allread.1@osu.edu)



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